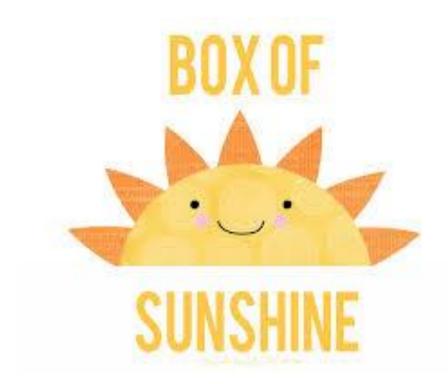
Life after Fellowship

Mike Englesbe University of Michigan



ASTS 8th Annual Surgical Fellows Symposium October 17-19, 2014.

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ASTS Vanguard Committee

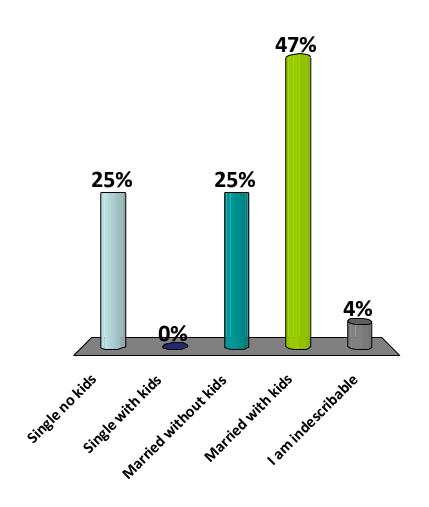


Fellowship sucks



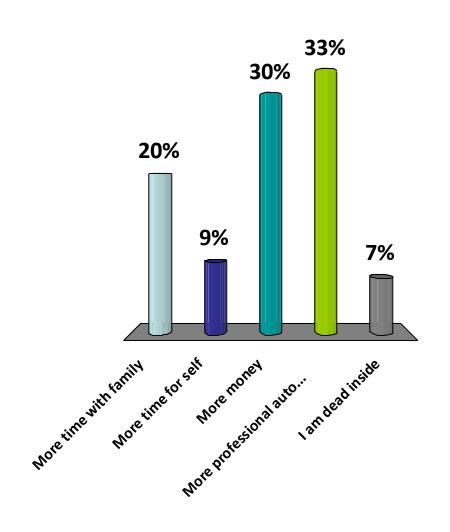
Question: Describe yourselves?

- A. Single no kids
- B. Single with kids
- C. Married without kids
- D. Married with kids
- E. I am indescribable



After fellowship I am most looking forward to:

- A. More time with family
- B. More time for self
- C. More money
- D. More professional autonomy
- E. I am dead inside



In the last 30 days I have exercised how many times?

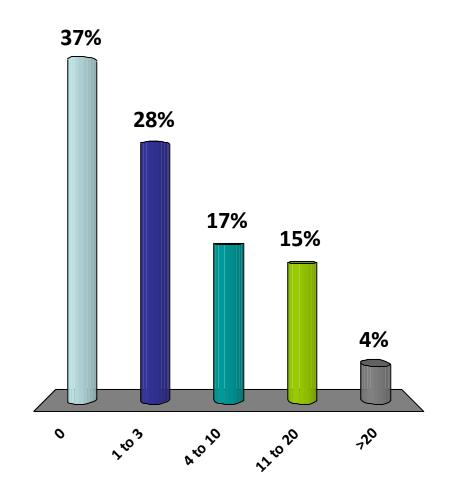
A. 0

B. 1 to 3

C. 4 to 10

D. 11 to 20

E. >20



In the last 30 days I have @#\$%^ how many times?

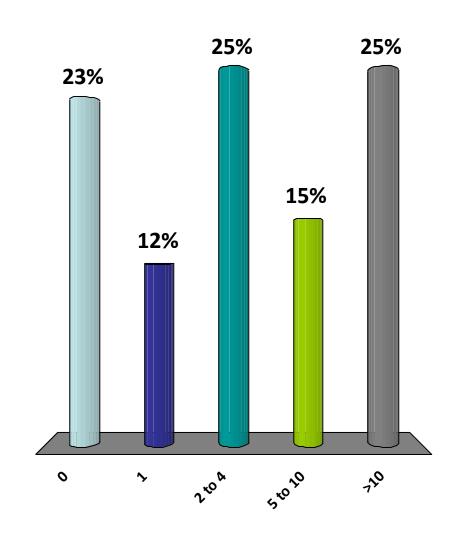
A. 0

B. 1

C. 2 to 4

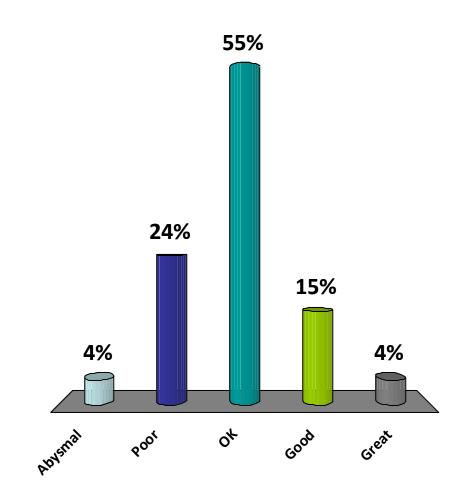
D. 5 to 10

E. >10



Please rate your overall wellness over the last 30 days?

- A. Abysmal
- B. Poor
- C. OK
- D. Good
- E. Great



Take care of your family

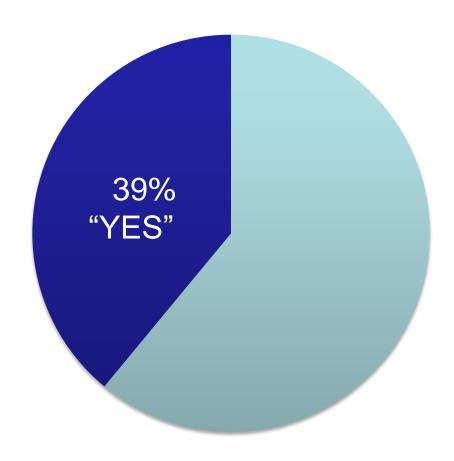


Take care of yourself





Do you have physical complaints on a daily basis related to your job as a transplant surgeon?





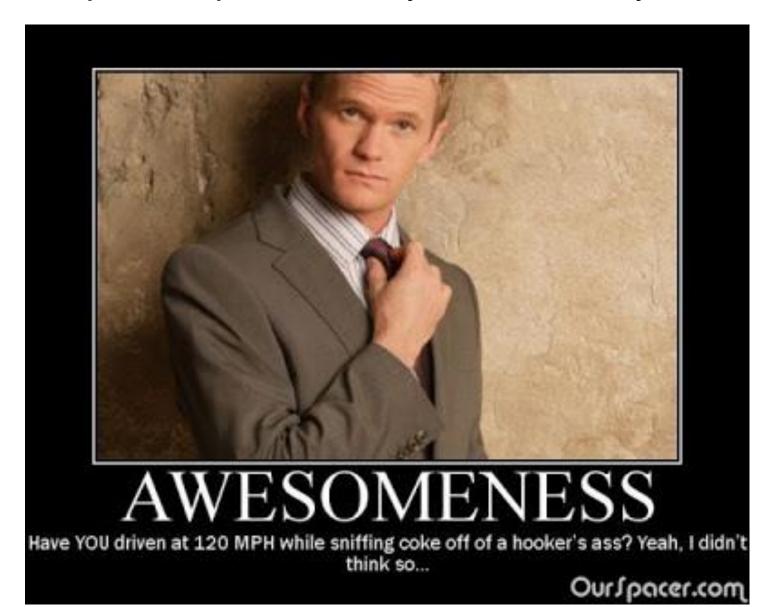
\$230,000 a year pay raise

Certified financial planner

- Rule of 1/3s
- Perfect house
- Pay self first
- No load index funds
- No fee investing



Keep a low profile until you establish yourself

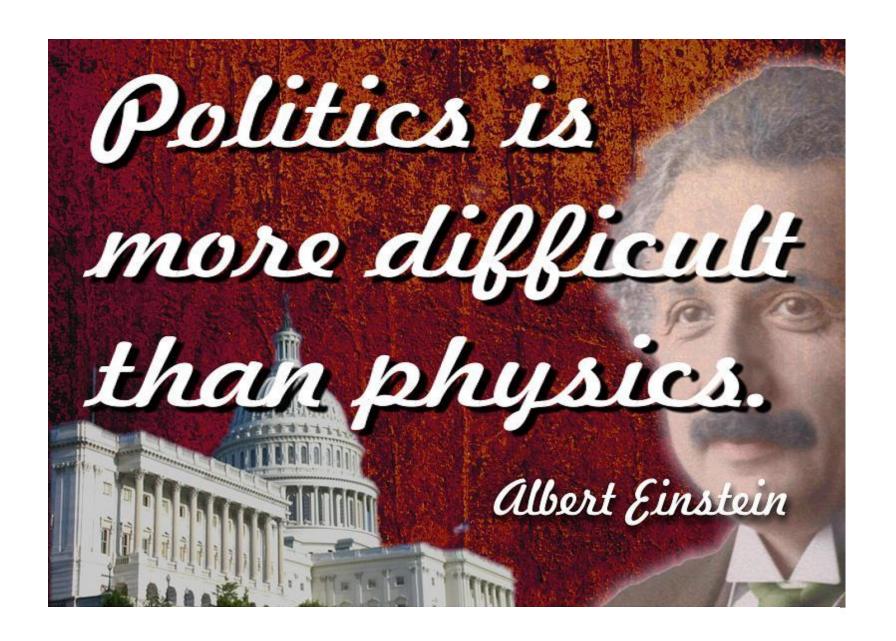


People are going to laugh at your jokes



Don't be a cowboy/girl



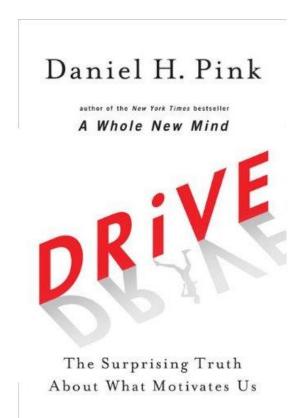


Intangible mentorship

Efficiency

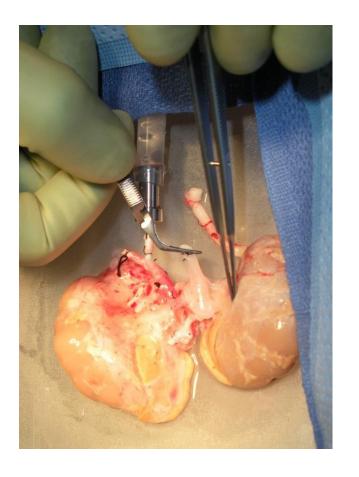
Leadership

Business



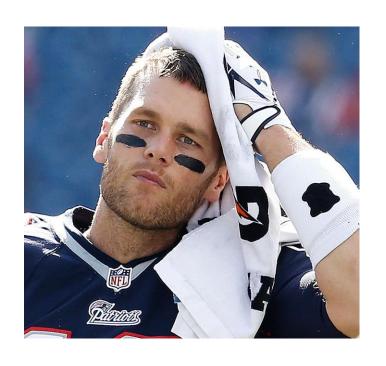
Remember Why





Ray Lynch Emory Fellow 2012-14

"The bottom line is that every day of being an attending is better than any day of being a fellow"

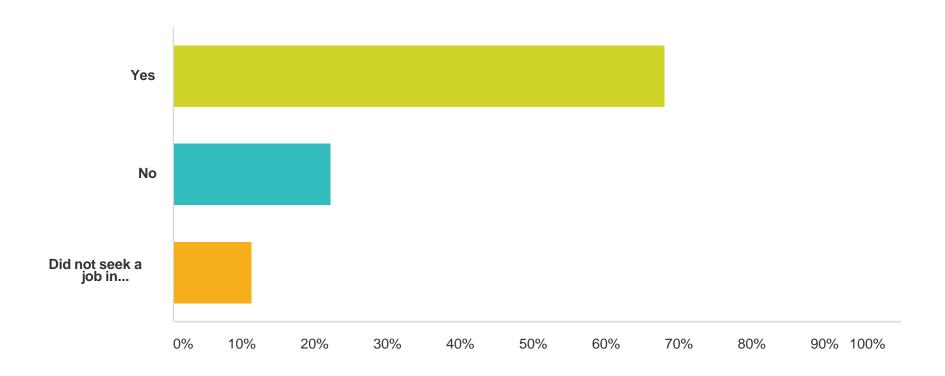


Getting a job

Fellows exit interview 2014

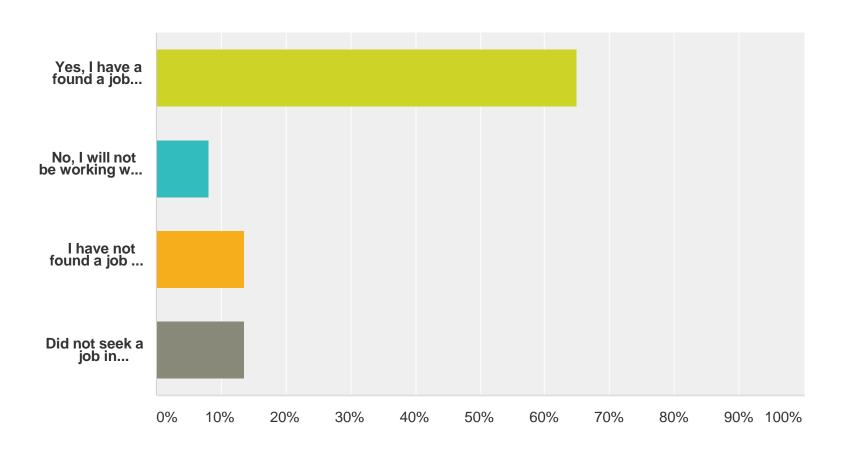
Have you found a job for immediately after your fellowship that involves transplant surgery?

Answered: 37 Skipped: 0

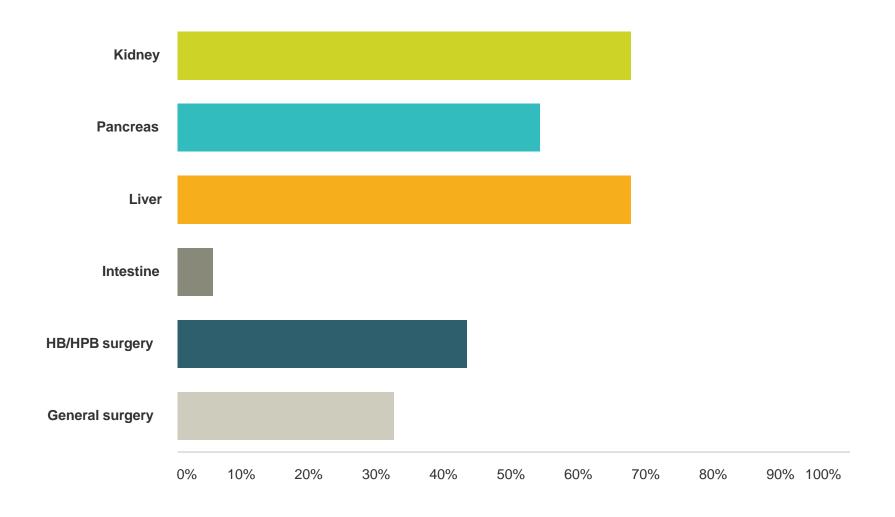


If you have found a job in transplant surgery, is it the job you wanted?

Answered: 37 Skipped: 0



What organs will you be transplanting???



How did you search for open positions?

